



## **Janice L. Cain, DVM**

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Primary Care – Canine Reproduction – Internal Medicine

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### **INSTRUCTIONS FOR PROGESTERONE TESTING**

#### **BEGINNING**

Start progesterone testing between the 5th-7th day of the cycle (day 1 = first day of bloody vaginal discharge).

#### **WHEN TO TEST?**

Try to be reasonably consistent as to the time of day (i.e., morning vs. evening). Start by testing every other day. You may be instructed to switch to daily testing as the cycle progresses. You will be instructed when to stop testing.

#### **PREPARATION OF THE BITCH**

Nothing special; you do not need to fast your bitch prior to the blood tests.

#### **TESTING AT BRVC**

We are open 7 days per week for your convenience. You do not need to schedule an appointment with me, or another DVM for this service. If possible, please schedule a drop in appointment with a technician to expedite the process. You can defray payment for the tests until the end of the testing period. Cost per progesterone: \$69.60.

#### **TESTING AT ANOTHER VETERINARY HOSPITAL**

Please have your DVM follow these instructions: Submit whole blood (plain RTT) to Idexx for a progesterone test #806. Do not need to separate serum. Do not use a serum separator tube. If obtaining serum for another reason, transfer serum to a plain RTT for progesterone submission.

#### **COMMUNICATION OF RESULTS**

If testing at your local hospital, please have your DVM contact you with the results as soon as they are available. Then, please call my home voice mail (925-462-6445) or email me at [janicecain@comcast.net](mailto:janicecain@comcast.net) and report the result to me. This is actually the most efficient method to be sure I am getting your test results. Please do not rely on faxes or copies of lab reports to be sent to me.

#### **INTERPRETATION OF RESULTS**

I access results for blood drawn at the BRVC every morning and will call you with an interpretation. If you haven't heard from me by 11:00 am, please call my home voicemail 925-462-6445. If drawing blood elsewhere, I may not be available to assess results until later in the day. The fee for ovulation timing coordination is \$58.00 (this is often waived for blood drawn at the BRVC).



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### **MORE QUESTIONS ABOUT PROGESTERONE TESTING**

Please read my handout about ovulation timing and let me know if you have additional questions!