Dental Care For Your Pet

**Why is routine dental care important for my pet?**

Our pets are susceptible to the same dental and periodontal diseases as us, and if left untreated it can lead to painful conditions with serious consequences. By age 4, most dogs and cats already have periodontal disease. And severe cases of dental disease can lead to life threatening conditions. So it’s very important to follow a routine of preventative dental care for your pet.

**Preventive dental care includes:**

1. **Brushing your pet’s teeth every day**
   - There are toothbrushes and toothpastes made especially for pets to help make it easier on both of you. The toothpastes come in flavors that pets enjoy, and are designed to be harmless if swallowed. Human toothpastes should not be used, because they can cause harm if swallowed. Pet toothbrushes are designed with double-ended brushing heads designed to fit a pet’s mouth, and soft bristles for their sensitive gums. If you establish this as a regular part of your routine early on with your pet, it is much easier to maintain this healthy habit. Just hold your pet’s head lightly with one hand, and use the other hand to clean with the toothbrush and paste.
   - Initially to get your pet to accept toothbrushing, you can use a gauze pad filled with toothpaste wrapped around your forefinger, and rub it back and forth on the teeth. It is not as effective as a toothbrush, but can be a helpful first step to establishing regular toothbrushing.

2. **Regular checkups with your pet’s veterinarian**
   - This can help identify potential problems early on, allowing earlier, easier, and less costly treatments.

3. **Annual dental cleanings**
   - Your pet’s veterinarian may recommend a yearly dental cleaning, which requires your pet to be under general anesthesia.

**Why does my pet need to be under anesthesia during a dental cleaning?**

Performing the dental cleaning while your pet is under general anesthesia allows for complete cleaning of both the inside and the outside of the teeth, allows for subgingival cleaning and scaling, allows for probing to look for pockets or neck lesions, and allows a full oral exam to be completed to look for any other abnormalities such as tumors or epulis. In addition, the sounds of dental tools and odd sensations in their mouth are not something pets are used to experiencing. So for the safety of everyone involved, we do all dental cleanings under general anesthesia.
What is the typical cost of the procedure?

<table>
<thead>
<tr>
<th></th>
<th>Under 5 years old</th>
<th>5 years or older</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>If extractions needed</td>
<td>If extractions needed</td>
</tr>
<tr>
<td>Cats</td>
<td>$405</td>
<td>$770</td>
</tr>
<tr>
<td>Dogs</td>
<td>$440</td>
<td>$840</td>
</tr>
</tbody>
</table>

$450 $815

*Typical costs listed are before any promotional discount is applied.

The dental procedure includes the Pre-anesthetic Exam, Pre-anesthetic Bloodwork, IV catheter and Fluids, Anesthesia, Dental Cleaning, and a Complementary Toe Nail Trim. If extractions are needed, additional charges will apply.

The night before your pet's procedure:
Do not allow your pet to eat after 10pm the night before the procedure. You may leave water available. In most cases your pet's doctor will advise you to administer any regular medications as you usually would. Check with your pet's doctor if you have specific questions regarding medications the morning of the procedure.

Preparing for your pet's procedure:
We will call you to confirm prior to the day of the procedure, to let you know what time you will need to bring your pet in and to remind you not to allow your pet to eat on the day of the procedure (remove all food and treats by 10pm the night before). You may leave water available. In most cases you should administer any regular medications as you usually would. Check with your pet's doctor if you have specific questions regarding giving medications.

We will email you documents to review and complete, that may answer any questions you have about the estimate or the procedure. Please bring the completed documents with you when you drop your pet off.

On the day of the procedure:
Again, it is important that you do not feed your pet on the day of the procedure (remove all food and treats by 10pm the night before). You may leave water available. When you arrive on the day of your pet's procedure, you will check in with a Client Service Representative, turn in your paperwork, and leave a deposit. You will then meet with an Admit Technician who will go over any preferences or questions you may have before you leave.
The Admit Technician will admit your pet to the Treatment Area. A Pre-anesthetic exam will be performed by your pet’s doctor, and pre-anesthetic bloodwork will be drawn and run in our in-house laboratory, if we have not already done so. Pre-anesthetic bloodwork is important to ensure that your pet is healthy enough to undergo anesthesia and that there are no underlying health problems. If everything is acceptable, your pet will then be anesthetized. Most pets will have an intravenous catheter placed to administer the anesthetic. This is to provide fluid therapy during the surgery, and allows us immediate access should your pet require additional medications.

After your pet is anesthetized, a breathing tube will be placed in her trachea or windpipe. This will allow the delivery of oxygen and the gas anesthetic directly into the lungs. The technician will remove the plaque and tartar using both hand scaling and ultrasonic scaling, and they will polish the teeth. Polishing smooths and protects the clean surface, and the fluoride in the polishing paste strengthens the tooth enamel. The doctor will evaluate your pet’s mouth and determine if any teeth need to be extracted or if any additional treatments are required. Extraction of teeth is only done if leaving the tooth in place will be detrimental to the health of your pet. Dental radiographs are often necessary to diagnose dental (tooth root) disease below the gum line and guide treatment of these painful problems. These x-rays are digitized so we can keep them your pet’s permanent medical record.

**After the procedure:**
Your pet will need 3-4 hours to recover here at the hospital following their anesthesia. The technician or the doctor will call you to let you know that the procedure is finished and that your pet is in recovery, and they will schedule an appointment time for you to come in to pick up your pet and meet with our discharge technician. During your discharge appointment, the discharge technician will review the instructions from the doctor about aftercare, go over any medications that have been prescribed, and answer any additional questions you may have.

**Post-anesthetic precautions:**
After undergoing anesthesia, your pet will probably still be a little tired for the rest of the day. You should keep them quiet and confined, and keep them away from things like pools, decks, and stairs for the remainder of the day. It is important to allow them to rest quietly, away from other pets and small children.

After your pet has settled in at home for about 30 minutes or so, you can offer small amounts of water. If no vomiting occurs, then small amounts of food may be given. If any vomiting occurs, withhold food until the next day, but leave water available.

If you are concerned or have any questions, please call us anytime at (925) 866-8387.