



Bishop Ranch Veterinary Center & Urgent Care Canine Wellness Guidelines

Our veterinary team has compiled the key topics and information we believe are essential for every dog owner to know. Our goal is to ensure you have the best guidance so that—together—we can provide the highest level of care for your pet.

Why Adult Wellness Matters: Most adult dogs appear healthy even if disease is developing internally. Regular exams, preventive care, and diagnostics help detect problems early, prevent illness, and support overall wellbeing. During your dog's physical exam, the following areas will be addressed: Body weight and body condition, Eyes, ears, and oral health, Heart and lung assessment, Skin, coat, and mobility, Joints and muscle condition, Behavior, nutrition, and lifestyle evaluation.

Dogs 1-7 Years of Age	Dogs 8+ years or older
Complete Physical Examination Every - 12 Months Weight	Complete Physical Examination Every 6 Months Weight

Vaccines are an important part of your dog's overall health and protection. There are two types of vaccines for dogs: CORE vaccines, which are recommended for all dogs, and LIFESTYLE vaccines, which are recommended based on your dog's activities—such as boarding, attending daycare, visiting dog parks, or traveling.

There are different vaccine options available for dogs. The primary differences between these options involve the level of protection they provide, how frequently your dog will need to be vaccinated, and the associated cost. During your appointment, you and your veterinarian can review the choices together to determine the best fit for your dog's lifestyle and health needs.

CORE	Lifestyle or dogs that groom or board
-DHPP (Distemper, Hepatitis/ Parvovirus, Parainfluenza) -Rabies -Leptospirosis	-Bordetella (Kennel Cough) - Canine Influenza -Lyme

Recommended Diagnostic Labwork

It is generally recommended that all healthy adult dogs between 1 and 7 years of age receive baseline diagnostic testing. This helps monitor overall health and allows our veterinarians to provide informed guidance for your dog's care in the years ahead. The following are examples of what these tests can reveal:

- **Complete Blood Count (CBC):** Detects infection, anemia, and inflammation
- **Chemistry Panel:** Evaluates kidney, liver, pancreas, and metabolic function
- **Urinalysis:** Screens for urinary tract infections, kidney disease, and crystals



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- **Tick-borne Disease Screening:** Detects exposure to regional vector-borne diseases, if appropriate
- **Cardiac Biomarker (proBNP):** Provides insight into heart health and early detection of heart disease, especially recommended for breeds predisposed to cardiac conditions, dogs with heart murmurs, or dogs undergoing anesthesia

Dogs 1-7 Years of Age	Dogs 8+ years or older
<p>-Complete Diagnostic Work Up Once between 1-7 years or as needed for health that include:</p> <ul style="list-style-type: none"> -CBC (Complete Blood Count) -Chemistry Panel -Urinalysis -Heartworm/Tick-borne Disease Screening -Cardiac Biomarker for predisposed breeds or dogs with heart murmurs 	<p>Diagnostic Work Up Annually or as needed for health that include:</p> <ul style="list-style-type: none"> - CBC (Complete Blood Count) -Comprehensive Chemistry Panel -Urinalysis -Heartworm/Tick-borne Disease Screening -Cardiac Biomarker for predisposed breeds or dogs with heart murmurs <p>In addition, depending on your dog's health may also be recommended throughout their senior years:</p> <ul style="list-style-type: none"> -Blood Pressure -Pancreatic & Glucose Screening - Additional diagnostics as recommended (e.g., chest X-rays, abdominal ultrasound, thyroid testing)

Dental Health Periodontal disease is one of the most common health issues in dogs and can begin as early as 2–3 years of age. Even dogs who seem “normal” may have painful oral disease.

- **Annual oral exams** and professional dental cleanings help prevent future problems, including tooth loss, gum disease, and infection.
- **Home dental care**—such as brushing or dental diets/treats—may be recommended by your veterinarian to support oral health between cleanings

Dogs 1-7 Years of Age	Dogs 8+ years or older
<p>Complete Teeth Cleaning with Radiographs at least once between 3-7 years of age</p>	<p>Complete Teeth Cleaning with Radiographs at least once between 3-7 years of age or as recommended by the veterinarian based on your pet's dental health</p>



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Weight & Nutrition Maintaining a healthy weight supports longevity, joint health, and overall wellbeing. During your dog's wellness visit, we will evaluate:

- Diet type and portion size – ensuring your dog is receiving appropriate calories and nutrients for age, breed, and activity level
- Activity level and exercise – considering daily walks, playtime, and breed-specific needs
- Treats and enrichment – monitoring treat intake and safe enrichment activities
- Parasite prevention – ensuring your dog is protected against fleas, ticks, and heartworm

Vaccinations are an important part of your dog's overall health and protection. There are two types of vaccines for dogs: CORE vaccines, which are recommended for all dogs, and LIFESTYLE vaccines, which are recommended based on your dog's activities—such as boarding, attending daycare, visiting dog parks, or traveling.

Vaccine Type	Vaccine	When It's Recommended	Frequency	Price
CORE	DHPP/DAPP (Distemper, Hepatitis/Adenovirus, Parvovirus, Parainfluenza)	Protects against several serious viral diseases.	Booster every 1–3 years depending on prior series	\$37 per booster
CORE	Rabies	Required by law in most areas; protects against a fatal zoonotic disease	Every 1–3 years depending on prior series	\$37 per booster
CORE	Leptospirosis	Important for most dogs; spread through wildlife urine and standing water	As recommended based on lifestyle and risk	\$32 per booster



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LIFESTYLE	Bordetella (Kennel Cough)	Recommended for dogs who groom, board, attend daycare, or go to dog parks/socialization	As recommended by your veterinarian	\$36 per booster
LIFESTYLE	Canine Influenza	Recommended in high-exposure situations or outbreak regions	As recommended by your veterinarian	\$46 per booster
LIFESTYLE	Lyme Disease	Recommended in endemic areas or for dogs exposed to tick habitats	As recommended by your veterinarian	\$60 per booster

During your dog's wellness appointment, your veterinarian can review the vaccine options and schedule that best fits your dog's lifestyle and health needs.

