



## Bishop Ranch Veterinary Center & Urgent Care Feline Wellness Guidelines

Our veterinary team has compiled the key topics and information we believe are essential for every cat owner to know. Our goal is to ensure you have the best guidance so that—together—we can provide the highest level of care for your cat. These recommendations are supported by the American Association of Feline Practitioners and UC Davis Veterinary School .

**Why Adult Wellness Matters** Most adult cats look healthy on the outside, even if something is developing internally. Regular physical exams and preventive care help protect against disease, dental pain, obesity, and stress-related conditions. During your cat's physical examination the following areas will be addressed and evaluated: Body weight and body condition, Eyes, ears, and oral assessment ,Heart and lungs ,Skin, coat, and mobility , Behavior and lifestyle review.

Cats 1-7 Years of Age	Cats 8+ years or older
Complete Physical Examination Every - 12 Months Weight	Complete Physical Examination Every 6 Months Weight

**Immunizations are an important part of your cat's overall health and protection.** There are two types of immunizations for cats: CORE vaccines, which are recommended for all cats, and LIFESTYLE (or SOCIAL) vaccines, which are recommended based on your cat's activities—such as going outdoors, interacting with other cats, or frequent boarding.

There are two types of vaccine formulations available for cats. One option is specifically designed to reduce the risk of vaccine-associated sarcomas—a rare but potentially serious reaction linked to certain traditional vaccine preservatives. The primary differences between these formulations involve the level of protection they provide, how frequently your cat will need to be vaccinated, and the associated cost. [CLICK HERE](#) to learn more about these options. During your appointment, you and your veterinarian can review the choices together to determine the best fit for your cat.

Indoor Only	Indoor/Outdoor or that board
Rabies FVRCP	Rabies FELV FVRCP

### Recommended Diagnostic Labwork

It is generally recommended that all healthy cats between 1 and 7 years of age receive a comprehensive blood panel. This screening helps monitor their overall health and supports our veterinarians in providing informed guidance for their care in the years ahead. The following are examples of the information a blood panel can provide to our doctors.



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- Complete Blood Cell Count - Inflammation, anemia and infections.
- Evaluates kidney and liver health, electrolytes, and metabolic function.
- Cardiac Health - provides insight to your cat's heart health and potential for heart disease in the future. Especially recommended for - Purebred cats, those with minimal health history, those with any heart murmurs.
- Urinalysis - Detects urinary infections, kidney disease, and diabetes indicators.
- FeLV/FIV Testing - Contagious Disease Appropriate for cats with outdoor exposure, new additions to the household, or multi-cat groups.

Cats 1-7 Years of Age	Cats 8+ years or older
Complete Diagnostic Work Up Once between 1-7 years or as needed for health  Urinalysis Cardiac Biomarker Screen	Diagnostic Work Up Annually or as needed for health that includes Cardiac Health Biomarker Hyperthyroid Disease screening ,Urinalysis  In addition, depending on your cat's health may also be recommended throughout their senior years. Blood Pressure Complete Wellness Abdominal Ultrasound

**Dental Health** Periodontal disease often begins around age 2-3. Even “normal-acting” cats may have painful oral disease.

- Annual oral exams and professional dental cleanings can help reduce future problems
- Home brushing or dental diets may be recommended by your cat's doctor

Cats 1-7 Years of Age	Cats 8+ years or older
Complete Teeth Cleaning with Radiographs at least once between 3-7 years of age	Complete Teeth Cleaning with Radiographs at least once between 3-7 years of age or as recommended by the veterinarian

**Weight & Nutrition** Healthy weight prevents diabetes, joint stress, and urinary issues.

We will evaluate:

- Diet type and portion size
- Activity level
- Enrichment strategies for indoor cats



## Bishop Ranch Veterinary Center & Urgent Care Feline Wellness Guidelines

**Vaccinations are an important part of your cat's overall health and protection.** There are two types of immunizations for cats: CORE vaccines, which are recommended for all cats, and LIFESTYLE (or SOCIAL) vaccines, which are recommended based on your cat's activities—such as going outdoors, interacting with other cats, or frequent boarding.

Vaccine Type	Vaccine	When It's Recommended	Frequency
<b>CORE</b>	<b>FVRCP</b> (Feline Viral Rhinotracheitis, Calicivirus, Panleukopenia)	Protects against three serious viral diseases.	Every 1–3 years, depending on risk and prior vaccination history.
<b>CORE</b>	<b>Rabies</b>	Required by law in many areas; protects against a fatal zoonotic disease.	Every 1–3 years.
<b>LIFESTYLE</b>	<b>FeLV (Feline Leukemia Virus)</b>	Recommended for outdoor cats, cats with exposure risk, or those living with FeLV-positive cats	As recommended by your veterinarian based on lifestyle and risk.

There are also **two types** of vaccine formulations available for cats. One is specifically designed to reduce the risk of vaccine-associated sarcomas, a rare but potentially serious reaction to traditional vaccine preservatives. The other formulation is not designed for this purpose. The key difference between the two is the level of protection and the associated cost, which is outlined below.

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### OPTION A: Purevax - Non- Adjuvanted Vaccines

Vaccine	Cost	Frequency
<b>FVRCP</b>	<b>\$62.00</b>	Every 1–3 years, depending on risk and prior vaccination history.
<b>Rabies</b>	<b>\$70 - 1 YR</b>	Annual Vaccine
<i>Purevax One</i>	<b>\$125 - 3YR</b>	Every three year Vaccine
<b>FeLV (Feline Leukemia Virus)</b>	<b>\$75.00</b>	Annual Vaccination Given every two years
<i>Purevax One</i>		

### OPTION B: Regular Vaccinations

<b>FVRCP</b>	<b>\$41.00 - 1 YR</b>	Every 1–3 years, depending on risk and prior vaccination history.
	<b>\$60.00 - 3 YR</b>	
<b>Rabies</b>	<b>\$39.00</b>	Every three year vaccine. Same vaccine for dogs & cats.
<b>FeLV (Feline Leukemia Virus)</b>	<b>\$41.00</b>	Annual Vaccination

At your cat's wellness appointment your veterinarian will be able to help guide your choice of immunizations based on your comfort and cat's life style

